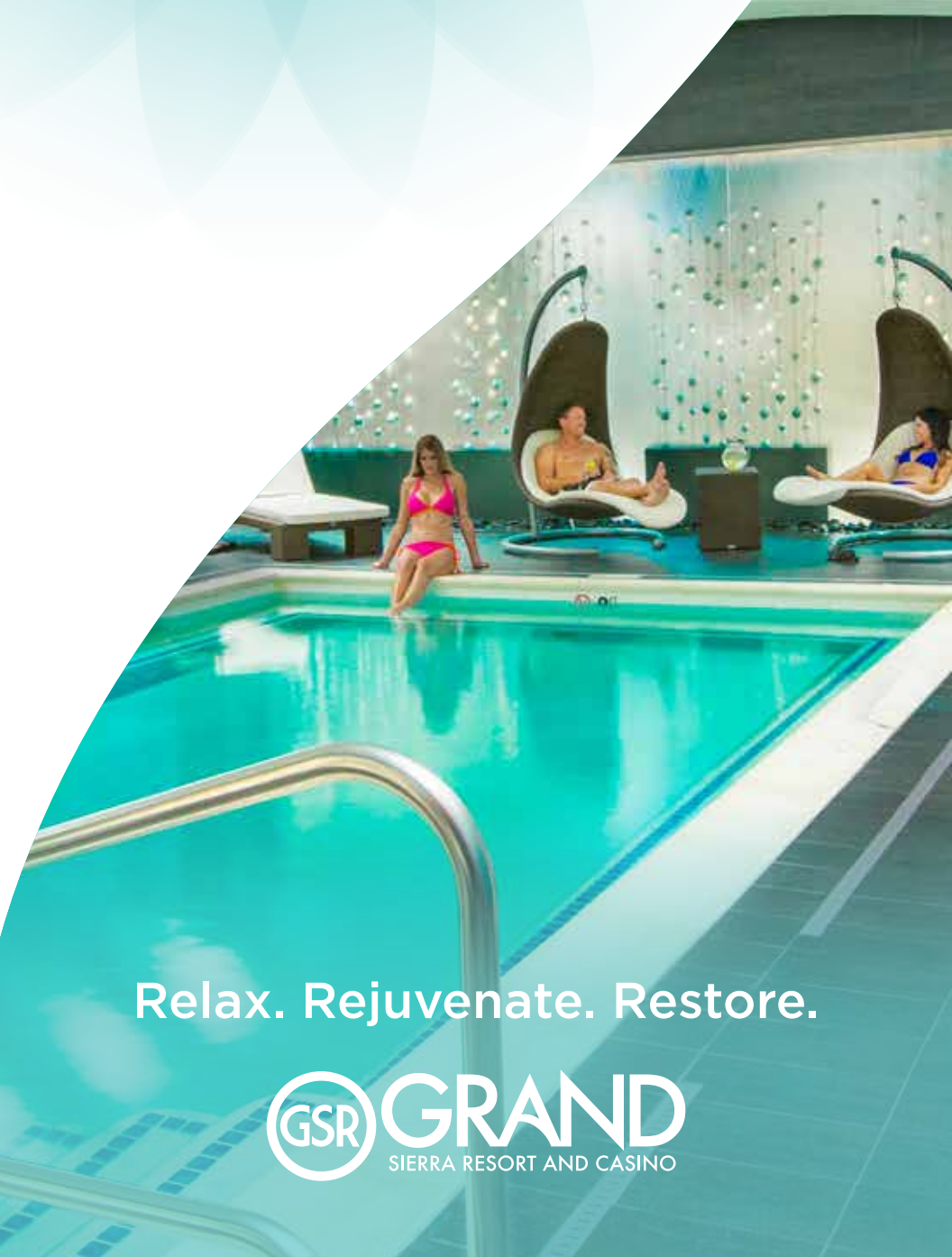


# spa

AT GRAND SIERRA RESORT

Full Service  
Spa & Salon



Relax. Rejuvenate. Restore.

**GSR** GRAND  
SIERRA RESORT AND CASINO



# ABOUT US

## DAILY HOURS OF OPERATION

**Spa & Salon:** Spa & Salon: 9am-9pm.

Spa amenities are complimentary with a minimum \$50 spa or salon service.

**Fitness Center:** Open to hotel guests 16 and older 24 hours a day with room key; open to Spa guests with a \$50 minimum Spa or Salon service.

## WHAT WE ARE

Welcome to the Spa at the Grand Sierra Resort! Discover the height of pampering in a world of pure personal comfort as our calm sanctuary embraces you and the soothing waters calm your very being. Immerse yourself in a full experience of the senses with signature massage and skin care rituals, blending the bounty of nourishing minerals & natural botanicals found in our Spa therapies. Make use of our full service Salon with an indulgent & revitalizing pedicure or manicure, or revamp your look with one of our world-class hair stylists & make-up artists! We believe every individual deserves to nourish their mind, body, and soul through the benefits of Spa.

## HOW TO SPA

Please plan to arrive for any Spa or Salon services at least 30 minutes prior to your service. This will ensure you have time to shower, change into your robe & sandals, & enjoy our eucalyptus steam room, dry cedarwood sauna, hot tub, & relaxation lounges before your treatment begins. Of course, you are permitted to enjoy the amenities after your treatment as well. Remember: your spa or salon service will begin on time & end on time; arriving late will reduce the time you have to enjoy your treatment, & full charges will apply.

Please keep in mind that the Spa environment is one of tranquility & relaxation. Please respect the quiet & privacy of other guests by speaking in a soft voice or simply enjoying the silence. Cell phones, pagers, laptops & any devices that may have a camera feature are prohibited while in the Spa areas. Audio devices must be used with headphones at all times. Smoking is not permitted; this includes electronic & vapor cigarettes, vape pens, & related devices. We ask that guests do not bring jewelry or any valuables to the spa. Grand Sierra Resort does not assume liability for personal items.

Spa guests must be at least 18 years of age to enter and use the Spa facilities & to receive massage or aesthetic treatments. Salon appointments are available to our guests 8 years of age and older when accompanied by an adult.



# ABOUT US

## **SPA DAY PASS**

Guests may enjoy all of the Spa amenities from 9am - 9pm for a fee of \$50. Any guests with a spa or salon service that is a minimum of \$50 will have full access to all of our spa amenities. The Spa amenities include our luxurious Aqua Chamber, complete with pool-sized Jacuzzi & lounge chairs, & our Relaxation Lounge with comfortable sofa loungers that all of our guests may enjoy. Each of our locker rooms contains a Dry-Cedar Sauna, a Eucalyptus Steam Room, a Jacuzzi and a large lounge area with a variety of snacks, coffees & teas, & a secure locker to store personal items. We also offer 1 complimentary glass of red wine, white wine, champagne or 1 beer. If you desire more to eat or drink, we have room service menus available upon request. Please note that spa Day Passes are subject to availability and may not be available during certain weekends and holidays. Please contact the Spa for further details.

## **RESERVATIONS**

Appointments may be made in person at the Spa front desk or by calling the Spa directly at 775.789.2186. Requests for a specific therapist or a gender preference for your therapist must be made at the time of booking. While we strive to meet each request, we do not guarantee availability. Please note that a credit card is required for booking of all services.

## **ARRIVAL**

Please plan to arrive at least 30 minutes prior to your scheduled appointment so you will have time to change into your robe and sandals. You are encouraged to arrive early to enjoy the spa facilities before your service. Arriving late may reduce the time you have to enjoy your treatment. Your treatment will begin & end on time, and full charges will apply.

## **WHAT TO WEAR**

While you may be in whatever clothing you wish upon arrival to the Spa, we will provide you with a robe & sandals to wear during your Spa experience, & a private locker in which to store your clothing & personal items. A swimsuit is needed for the co-ed Jacuzzi in our beautiful Aqua Chamber as our guests must be clothed in all co-ed areas. Swimsuits are available for purchase in our retail boutique.

# ABOUT US

## **HEALTHY COMMUNICATION**

At the time of reservation, please inform the Spa concierge if you are pregnant, have allergies, disabilities, recent surgeries, or any other conditions of which we should be made aware. Receiving treatments while ill (with cold or flu, for example) may exacerbate & accelerate your symptoms, & may place our treatment staff in an unhealthy environment. If illness is detected, rescheduling of service may occur. Management reserves the right to refuse service to any guest at our discretion.

## **ALCOHOL POLICY**

Included with our Spa amenities, we offer 1 complimentary glass of red wine, white wine, champagne or 1 beer. Alcoholic beverages are not permitted outside of the Spa lounges & Salon. All beverages must be in a plastic container. For your health & safety, including the health & safety of our staff & other guests, if intoxication is detected, cancellation of services will occur. Management, technicians, & staff will refuse service to anyone who is intoxicated.

## **RESCHEDULING/CANCELLATIONS**

We welcome any changes or cancellations up to 4 business hours prior to the start of your first scheduled appointment with no extra charge or penalty. Changes/Cancellations made with fewer than 4 business hours' notice will result in a 50% charge. No-show appointments will be charged at full price. Group services are subject to contracted agreement.

## **GRATUITIES**

For guest convenience, we will add a 20% service charge for all Spa & Salon services. For exceptional service, additional gratuities are left to your express discretion.



# MASSAGE THERAPY

## COUPLES MASSAGE

Our 50 minute & 80 minute massages may be enjoyed in our couple's suite by couples, friends, or anyone wanting more "together time." There is no extra fee for booking a couple's service, however please request at time of booking to ensure the suite's availability. Massage rates are levied on a per-person basis. Services that may be enjoyed as a couple's massage include: The Grand Signature, The Deep Tissue, The Swedish, The Prenatal, The Sticks, & The Stones.

## THE GRAND SIGNATURE MASSAGE

**50 min. \$125 / 80 min. \$175**

Enjoy a classic Swedish massage with the added benefit of Aromatherapy. At the time of check-in, choose from 5 essential oil blends to enrich your massage experience.

## THE DEEP TISSUE

**50 min. \$125 / 80 min. \$175**

Eliminate the body's toxins through dynamic kneading & stroking techniques developed to relieve stress & muscle tension while increasing vitality & flexibility through increased blood flow. A strong pressure is applied, working expertly into the deeper muscle layers. This massage is best recommended for those who receive regular body work.

## THE SWEDISH

**50 min. \$115 / 80 min. \$165**

A gentle, soothing tradition, this classic full-body massage combines long, gliding hand strokes & the kneading of the individual muscles to relieve tension, stimulate circulation, & improve tone.

## THE STICKS

**80 min. \$180**

This exotic treatment utilizes warmed bamboo sticks which are used in rhythmic strokes to decompress sore muscles while detoxifying and soothing the skin. The bamboo sticks easily locate muscle tension and treat trigger points.

# MASSAGE THERAPY

## **THE STONES\***

**75 min. \$180**

Using both heated basalt stones & Himalayan salt stones to warm, soften, & detox the muscles tissues, our therapists create a truly therapeutic & relaxing escape. The basalt stones are a type of volcanic rock that retains heat. Heat has long been used to ease muscle tension, pain, increasing blood flow, reducing stress & anxiety, & promote healthier sleep. Himalayan salt stones contain 84 naturally occurring minerals & can help reduce inflammation. The minerals in the Himalayan salt stones also assist in the detoxification process of massage.

## **THE SAMPLE**

**25 min. \$70**

A neck, back, & shoulder massage to help relieve stress for the person on the go.

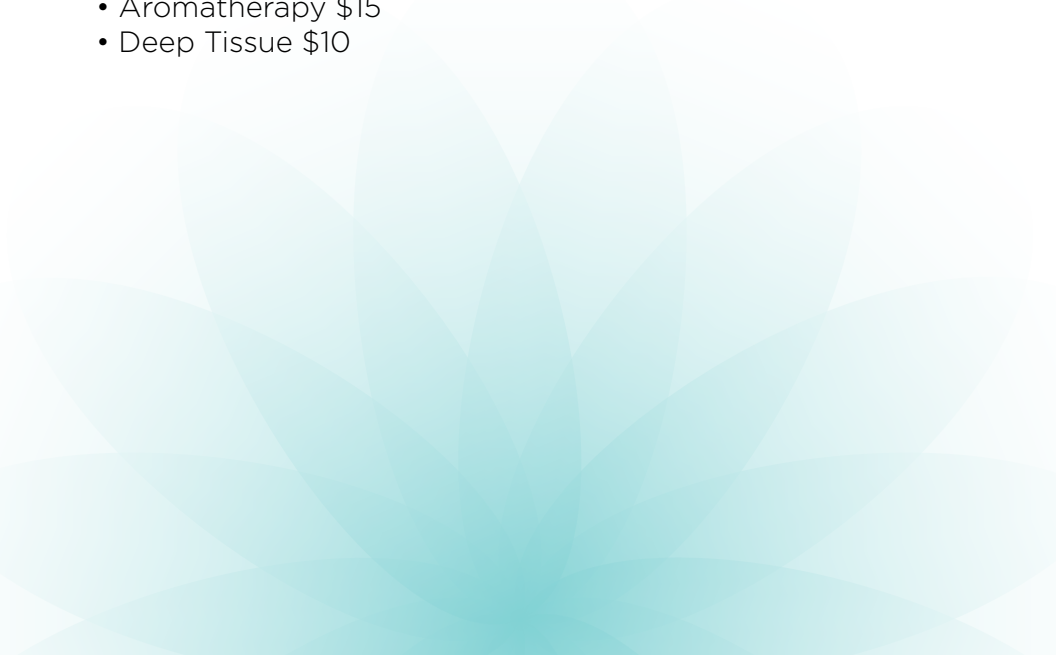
## **PRENATAL MASSAGE**

**50 min. \$120**

Designed to nurture the expectant mother and baby, our therapists are trained to relieve the unique stresses & strains experienced during the 2nd and 3rd trimesters of pregnancy. The guest may choose either side-lying or maternity system cushions which allow a face-down massage experience through the 3rd trimester to ensure individual comfort.

### **Massage Treatment Upgrades:**

- Muscle Relief \$15
- Aromatherapy \$15
- Deep Tissue \$10



# BODY TREATMENTS

## **THE GRAND MOROCCANOIL WRAP\***

**50 min. \$160 (no massage)/WITH MASSAGE 80 min. \$195**

Experience the essence of Morocco with our Grand Moroccan Oil Wrap. Begin with a dry brush to exfoliate, stimulate circulation, & reduce the appearance of cellulite, followed by an Intense hydrating Moroccan Oil body mask. While wrapped, enjoy a Moroccan Oil hair & scalp conditioning treatment concluding with the antioxidant Argan oil & shea butter body soufflé application or massage. Pure Bliss!

## **THE GRAND MOROCCAN OIL BUFF & MASSAGE**

**50 min. \$130 / 80 min. \$180**

Experience the essence of Morocco with our Grand Moroccan Oil Buff & Massage. Start off with a Moroccan Oil body buff, made up of orange peel blended with Argan oil, to gently exfoliate & buff the skin to a healthy glow. Next, enjoy an application of antioxidant Argan oil & a smooth, sensual shea butter body soufflé. The 50 minute service includes a 30 minute full body massage with the antioxidant Argan oil & shea butter body soufflé while the 80 minute service allows for a more luxurious 60 minute full body massage.

*\*Heat treatments are not recommended for guests who are heat sensitive, have heart conditions, or are pregnant.*

# SPA PACKAGES

## **TOUCH OF SPA**

**\$130 (retail value \$150)**

- The Sample Massage (Neck, Back & Shoulders) 25 min.
- The Grand Custom IMAGE Facial (Cleansing, Exfoliation, Mask/ Extractions, Hydrating Cream) 25 minutes.

## **TRANQUILITY**

**\$200 (retail value \$245)**

- The Grand Signature Massage 50 min.  
(Aromatherapy Full Body Massage)
- The Grand Custom IMAGE Facial 50 minutes.

## **THE GRAND MOROCCAN ESCAPE**

**\$320 (retail value \$365)**

- The Grand Moroccan Oil Wrap 80 min. with Swedish massage
- The Grand Moroccan Oil Signature Gel Manicure 50 min.
- The Grand Moroccan Oil Signature Gel Pedicure 50 min.



# AESTHETIC SERVICES

## **THE GRAND CUSTOM IMAGE FACIAL TREATMENT** **25 minutes \$80 / 50 minutes \$120 / 80 minutes \$180**

IMAGE is a clinical skincare brand, powered by safe, proven ingredients and smart botanicals to make your skin healthier. Whatever your skin's challenges or concerns, The Grand Custom IMAGE Facial Treatment will be customized by our skincare professionals to rejuvenate, brighten and hydrate your skin, to help you Age Later. Each treatment will conclude with a daily collagen shot of YANA; a revolutionary, highly concentrated beauty liquid that helps to rebuild and strengthen by boosting the body's natural collagen production.

## IMAGE UPGRADES

### **IMAGE FIRMING NECK AND DÉCOLLETAGE TREATMENT**

#### **25 minute \$65 Upgrade**

Aging doesn't stop at the face, so why should your treatments? This results-oriented treatment combines the most innovative ingredients available in the industry today to erase wrinkles, correct pigmentation & tighten loose skin. The IMAGE Firming Neck and Décolletage Treatment leaves skin plumped, radiant, & ready for a daring neckline.

### **I MASK BIOMOLECULAR HYDRATING RECOVERY MASK UPGRADE \$25**

This next generation ultra-hydrating sheet mask, from IMAGE, infuses skin with a synergistic blend of volcanic water, ginseng root extract, amino acids, & antioxidants for the ultimate skin rejuvenation. Good for all skin types, including dry/dehydrated, sensitive, dull, post-treatment, and post-chemical peel. Available to add-on to any Grand Custom IMAGE Facial Treatment for extra lift, brightening and hydration.

### **I MASK BIOMOLECULAR ANTI-AGING RADIANCE MASK UPGRADE \$25**

This next generation anti-aging sheet mask, from IMAGE, infuses skin with a unique fusion of volcanic water, brightening botanicals, peptides, & antioxidants for the ultimate youthful appearance & radiance. Available to add-on to any Grand Custom IMAGE Facial Treatment for extra fine line reduction, hydration, brightening and skin rejuvenation.

# AESTHETIC SERVICES

## **EMINENCE CUSTOM FACIAL TREATMENT**

**25 min. \$80 / 50 min. \$120 / 80 min. \$180**

Will invigorate the senses with an individualized treatment designed specifically to address your concerns. With a personalized combination of targeted fruit-based cleansers, exfoliants, & a healing plant masque, this facial delivers the active ingredients directly to the epidermis, & further delivers the infused nutrient-rich elements into deeper layers of the skin. The therapeutic harmony of these products works to balance & hydrate, delivering a softer, more radiant complexion. Enjoy the anti-aging benefits & repair any environmental damage your skin has suffered.

## **MEN'S ZEN EMINENCE FACIAL TREATMENT**

**25 min. \$70 / 50 min. \$110**

An essential facial adjusted to address the specific needs of men's skin, specifically that of facial irritation due to shaving. This organic treatment full of soothing, cooling, & calming herbs will tone, firm, & protect your skin, leaving your skin more healthy, manageable, & less prone to irritation from regular shaving.

## **MEN'S ZEN EMINENCE FACIAL BEARD TREATMENT UPGRADE \$25**

For our bearded guests, this upgrade can be integrated into the Men's Zen Eminence Facial Treatment and will include; a proper cleansing of the beard follicles, a high frequency combing to revitalize dormant hair follicles by increasing blood circulation, and a warm treatment oil to condition and nourish the hair follicles to soften and tame your beard.

## **EMINENCE CUSTOM BACIAL TREATMENT**

**50 min. \$150**

Indulge in this custom "facial" for those hard-to-reach areas on your back. This custom treatment will reduce clogged pores, deeply moisturizing dry skin and treating other irritating conditions. This treatment utilizes many of the same techniques & products of the Eminence Custom Facial & is designed to clarify, soften, & deep cleanse the skin on the back while providing a deep moisturizing treatment leaving you with healthy & glowing skin.

## **EXTENDED EXTRACTION SERVICE**

**15 min. \$25**

For those times when you just really need to get it all out. May be added to any facial service.

# WAX SERVICES

All waxing service prices are starting prices. Prices are subject to change depending upon hair density, texture, & if additional time is needed to complete the service properly.

<b>LIP, BROW OR CHIN</b>	\$25
<b>FULL FACE</b>	\$55
<b>FOREARMS</b>	\$35
<b>FULL ARMS</b>	\$55
<b>UNDERARMS</b>	\$25
<b>PARTIAL LEG</b>	\$65
<b>FULL LEG</b>	\$85
<b>BACK</b>	\$75
<b>BRAZILIAN 1ST VISIT</b>	\$85
<b>BRAZILIAN TOUCH UP</b>	\$65
<b>DEEP BIKINI</b>	\$55
<b>BIKINI</b>	\$45

# COSMETIC SERVICES

## **Makeup Application**

\$75 60 min. (additional fees apply for extended time)

## **Makeup Touch Up**

\$50 30 min.

## **False Eyelash Application**

\$25 per set

## **Glam Corner Lash Application**

\$20 per set

## **Eyebrow or Eyelash Tinting**

\$30 each pair

# HAIR SERVICES

Hair services are based on length and thickness of hair, level of styles design requested, time of processing required and products used. We at the Grand Sierra Salon go a step further for you. We consider texture, growth pattern, hairline and bone structure to cut and style your hair.

## **EXPRESS BLOWOUT 45 MIN.**

*Shampoo & Blow Dry Style*

Short - \$35 / Medium - \$45 / Long - \$55

## **GRAND BLOW OUT 60-80 MIN.**

*Shampoo & Blow dry style, finished with a thermal tool*

Short - \$45 / Medium - \$55 / Long - \$65

## **GRAND LUXE BLOWOUT 60-90 MIN.**

*Shampoo & Redken Chemistry Treatment with a blow dry style, finished with a thermal tool*

Short - \$60 / Medium - \$70 / Long - \$80

## **WOMEN'S HAIRCUT 60 MIN.**

*Includes Shampoo and Blow dry style*

starting at \$50

**GENTLEMAN'S CUT 30 MIN. \$30**

**BANG OR BEARD TRIM 15 MIN. \$15**

**THERMAL TOOL STYLE ADD ON \$20**

**ADDITIONAL SERVICE TIME 15 MIN. \$15**

# COLOR SERVICES

**COLOR RETOUCH \$60**

**CHROMATICS RETOUCH \$65**

**FULL COLOR APPLICATION** starting at \$75

**FULL CHROMATICS APPLICATION** starting at \$80

**ROOT ERASE \$50**

**ADDITIONAL COLOR \$15**

## **HIGH LIGHT / LOW LIGHT SERVICES**

Area High Light - \$120

Partial High / Low Light - \$150

Full High / Low Light - \$190

Dimensional Partial High / Low Light (up to 3 colors) - \$160

Full Dimensional High / Low Light (up to 3 colors) - \$200

**SHADES EQ GLOSS TREATMENT \$50**



# NAIL SERVICES

## **THE IMAGE MANICURE**

**50 min. \$80**

Inspired by our IMAGE facials, this luxury Spa manicure incorporates an enzymatic Iluma Exfoliating Powder with the Ageless Resurfacing Scrub to gently polish & buff away radiance-impairing dead skin cells to brighten & illuminate the skin. Next, allow our ORMEDIC balancing gel masque to soothe & cool on contact quenching the skin with hydration to help restore its balance and glow. Lastly, experience a relaxing hand massage with our VITAL C hydrating hand & body lotion, featuring four highly active forms of vitamin C. This luxurious moisturizer stars anti-aging ingredients & goes beyond hydrating to treat & target telltale signs of aging on the body. This service comes with the option of a paraffin treatment with regular lacquer or a gel lacquer application.

## **THE GRAND MOROCCANOIL SIGNATURE MANICURE**

**50 min. \$70 / with OPI Gel Lacquer \$80**

The ultimate in hydration, this manicure revitalizes your skin & stimulates your senses. Our unique & luxurious body buff gently exfoliates your skin, preparing it for the rich hydrating effects of the honey lavender-scented Moroccan oil Intense Hydrating Treatment. This service concludes with our signature-scented body soufflé, leaving your hands soft & supple.

## **THE GRAND MANICURE**

**50 min. \$55 / with OPI Gel Lacquer \$65**

This dry manicure includes filing & shaping your nails, pushing back your cuticles, & a light massage. Finish with your choice of OPI lacquer or OPI Gel Lacquer.

## **EXPRESS MANICURE**

**25 min. \$40**

Cleansing soak, nail and cuticle shaping and OPI lacquer. This service is designed to keep your manicure fresh between salon visits. No Gel Lacquer Upgrade.

# NAIL SERVICES

## **THE IMAGE PEDICURE**

**75 min. \$100**

Inspired by our IMAGE facials, this luxury Spa pedicure incorporates an enzymatic Illuma Exfoliating Powder with the Ageless Resurfacing Scrub to gently polish & buff away radiance-impairing dead skin cells to brighten & illuminate the skin. Next, allow our ORMEDIC balancing gel masque to soothe & cool on contact quenching the skin with hydration to help restore its balance and glow. Lastly, experience a relaxing foot massage with our VITAL C hydrating hand & body lotion, featuring four highly active forms of vitamin C. This luxurious moisturizer stars anti-aging ingredients & goes beyond hydrating to treat & target telltale signs of aging on the body. This service comes with the option of a paraffin treatment with regular lacquer or a gel lacquer application.

## **THE GRAND MOROCCANOIL SIGNATURE PEDICURE**

**50 min. \$80 / with OPI Gel Lacquer \$90**

The ultimate in hydration, this pedicure revitalizes your skin & stimulates your senses. Our unique & luxurious body buff gently exfoliates your skin, preparing it for the rich hydrating effects of the honey lavender-scented Moroccan oil Intense Hydrating Treatment. This service concludes with our signature-scented body soufflé, leaving your feet feeling soft & supple.

## **EXPRESS PEDICURE**

**25 min. \$50**

Cleansing soak, nail and cuticle shaping and OPI lacquer. This service is designed to keep your pedicure fresh between salon visits. No Gel Lacquer Upgrade.

## **LACQUER CHANGE \$25**

Select from an array of standard polish colors.

## **FRENCH UPGRADE \$10**

## **SIMPLE NAIL ART \$5 per nail**

## **HAND OR FOOT PARAFFIN \$20**

## **EXTENDED FOOT OR HAND MASSAGE 20 min. \$40**





REDKEN



ÉMINENCE  
HANDMADE  
ORGANIC  
SKIN CARE OF  
HUNGARY



MOLTON  
BROWN  
LONDON



MOROCCANOIL.



PUREOLOGY  
serious colour care